
Transform Aesthetic Center
THERESA HUYEN, MD

IPL / ResurFX Pre & Post Care Instructions

Before your IPL treatment:

1. If possible, please do not wear makeup to your treatment.
2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for 3 days before your treatment.
3. Do not wax or use a depilatory (a cream or lotion for removing unwanted hair) on treatment areas for one week prior to your treatment.
4. Before each treatment, please inform us if you are taking any new antibiotics or medications. As they may make your skin photosensitive and therefore we may not be able to treat you for one to two weeks after completion of the medication.

After your IPL treatment:

1. Avoid sun exposure and tanning beds to treated areas after treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 50 is vital to maintain your improved skin.
2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic & salicylic acids, astringents or Vitamin C for one week after your treatment.
3. Do not wax, tweeze or use a depilatory to the treated areas for 1 week after your treatment.
4. Treated lentigines usually darken after treatment and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off.
5. If significant crusting occurs beyond the normal flaking of the treated lesions, an antibiotic ointment such as Polysporin or Bacitracin may be recommended.
6. Localized redness may be present and typically resolves within 24 to 48 hours.
7. If you do not need makeup for the evening or treatment, wait until the next morning.

If you have any medical problems that arise while participating, please keep us informed. If an urgent medical problem should arise and you have a concern that it may be related to your care, please call us at 386-882-7830 and contact your primary care physician or go to the nearest healthcare facility/Emergency Room to have the problem assessed immediately.
