

Transform Aesthetic Center

Theresa Huyen, MD

PRP HAIR Therapies | Pre and Post Treatment Instructions

PRE TREATMENT INSTRUCTIONS

- Please drink plenty of fluids and water the day before and the day of your procedure. If you are dehydrated it is much harder to draw your blood and you will not have as much plasma. If we are unable to draw your blood after several attempts due to dehydration, you will be required to pay for the cost of the collecting system and reschedule your appointment to another day when you are well hydrated and better prepared.
- Avoid NSAIDs (ibuprofen, Aleve, naproxen, aspirin) for 7 days prior to your procedure. It is OK to take Tylenol (acetaminophen) prior to your procedure as this does not thin your blood
- Please stop any herbal supplements 7 days prior (including St Johns Wort, Garlic, Vitamin E, Ginko, etc)

POST TREATMENT INSTRUCTIONS

- Avoid NSAIDs (ibuprofen, Aleve, naproxen, aspirin) the day of your procedure
- If you experience discomfort you can use ice or take Tylenol
- It is fine to shampoo the hair gently the same day as your procedure
- The areas treated may be tender to touch for up to 72 hours
- You may notice some bruising in the areas around the site of injection, this is normal and will resolve in 1-2 weeks

If you have any medical problems that arise while participating, please keep us informed. If an urgent medical problem should arise and you have a concern that it may be related to your care, please call us at 386-882-7830 and contact your primary care physician or go to the nearest healthcare facility/Emergency Room to have the problem assessed immediately.
